

# Equipment List & Checklist for Camp Adair 2017

**Everything must be clearly named**

1 tea towel (to dry dishes)	pyjamas
2/3 pairs track pants/leggings	Raincoat
swimwear	5 T-shirts/tops
2 pairs shorts	Slippers for use in cabins
1 old pair of trainers for wet activities	3 polar fleece sweatshirts
Sun Screen	1-2 pairs of sneakers
Underwear for 3 days	Sleeping bag, blanket, pillow
5 pairs of socks	1 beach towel
Little torch	Sun hat/cap
2 shower towels	Warm hat e.g. beanie
Plastic bags for dirty laundry	Drink bottle
Any required medicine in a separate plastic bag, named with instructions	Insect repellent

### Drawstring Bag Containing

### Toilet Bag Containing

	1 plate		Soap
	Mug		Tooth brush
	Bowl		Toothpaste
	Knife, fork, spoon		Face cloth
			Hair brush/comb

### Optional

Jandals, antihistamine for bites, shampoo/conditioner

### Do not bring

Ipod, Iphones, Psp's, MP3 players, cellphones, any electrical devices, extra food.

