

Equipment List & Checklist for MERC 2018

Everything must be clearly named

	2/3 pairs track pants/leggings		Pyjamas
	3 T shirts/tops (no singlet tops)		Raincoat
	Swimwear		Drink Bottle
	2 pairs shorts (not denim)		Slippers for use in cabins
	Insect repellent		3 polar fleece sweatshirts
	Sun Screen		1-2 pairs of sneakers
	Underwear for 2 days		Sleeping bag, blanket, pillow
	5 pairs of socks		2 beach towels
	Little torch		Sun hat/cap
	1 shower towel		Warm hat e.g. beanie
	Plastic bags for dirty laundry		Any required medicine in a separate plastic bag, named with instructions

Drawstring Bag Containing

Toilet Bag Containing

	1 plate		Soap
	Mug		Tooth brush
	Bowl		Toothpaste
	Knife, fork, spoon		Face cloth
			Hair brush/comb

Optional

Jandals, antihistamine for bites, shampoo/conditioner

Do not bring

Ipod, iPhones, Psp's, MP3 players, cellphones, any electrical devices, extra food.

